

Natural Radioactivity and External Dose Assessment of Surface Soils in Bolikhamxay Province, Laos

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Abstract: We have determined activity concentrations in 33 soil samples collected from Bolikhamxay Province, Laos. The activity concentrations of the natural radionuclides ²²⁶Ra, ²³²Th and ⁴⁰K in soil samples were measured by a gamma spectrometer with a HPGe detector. The average activity concentrations of the natural radionuclides ²²⁶Ra, ²³²Th and ⁴⁰K are 43.8 ± 5.6 , 57.0 ± 7.3 and 426.4 ± 23.1 Bq.kg⁻¹, respectively. The average activity concentrations of ²²⁶Ra and ²³²Th in this work are higher than those of the world average values. Meanwhile, the activity concentration of ⁴⁰K is almost the same of the world average value. The estimated average outdoor annual effective dose (E) and radium equivalent activity (Ra_{eq}) are 0.17 ± 0.02 mSv.yr⁻¹ and 154.8 ± 16.1 Bq.kg⁻¹, respectively.

Keywords: Gamma spectrometry, Activity concentration, Radium Equivalent Activity, Absorbed gamma dose rate, Annual effective dose rate, Minimum Detection Limit.

1. Introduction

Natural radioactivity is widespread in the earth's environment, it exists in the soil, plants, water, and air. The gamma radiation from natural radionuclides and cosmic rays constitute the external exposure. Natural radionuclides in the soil generate a significant component of the background radiation exposure to the population [1, 2]. Radionuclides in soils, belonging to the ²²⁶Ra and ²³²Th series, as well as radioisotope of the potassium (⁴⁰K), are the major contributors of outdoor terrestrial natural radiation [3]. Natural radioactivity depends primarily on the geological and geographical conditions, and appears at the different level in the soils of each region in the world (UNSCEAR,2000)

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[1]. Our present study aimed at the determining of the natural radionuclides levels, evaluating radiation hazard indices and the effective dose to the public from soil samples in Bolikhamxay Province, Laos.

2. Materials and methods

2.1. Study area

Bolikhamxay is a province of Laos, located in the middle of the country on latitude $18.4363^{\circ}N$ and longitude $104.4723^{\circ}E$ as shown in Figure 1. The altitude ranges from 140- 1,588 metres an area of 15,977 square kilometers. The population of 190.000, rich of culture and nature resource with 3 national protected areas: PhouKhaoKhouay, NamKaDing and a part of Theun-Nakai. 'Pakxan' the capital of Bolikhamxay lies some 150km by South 13 Road from Vientiane.

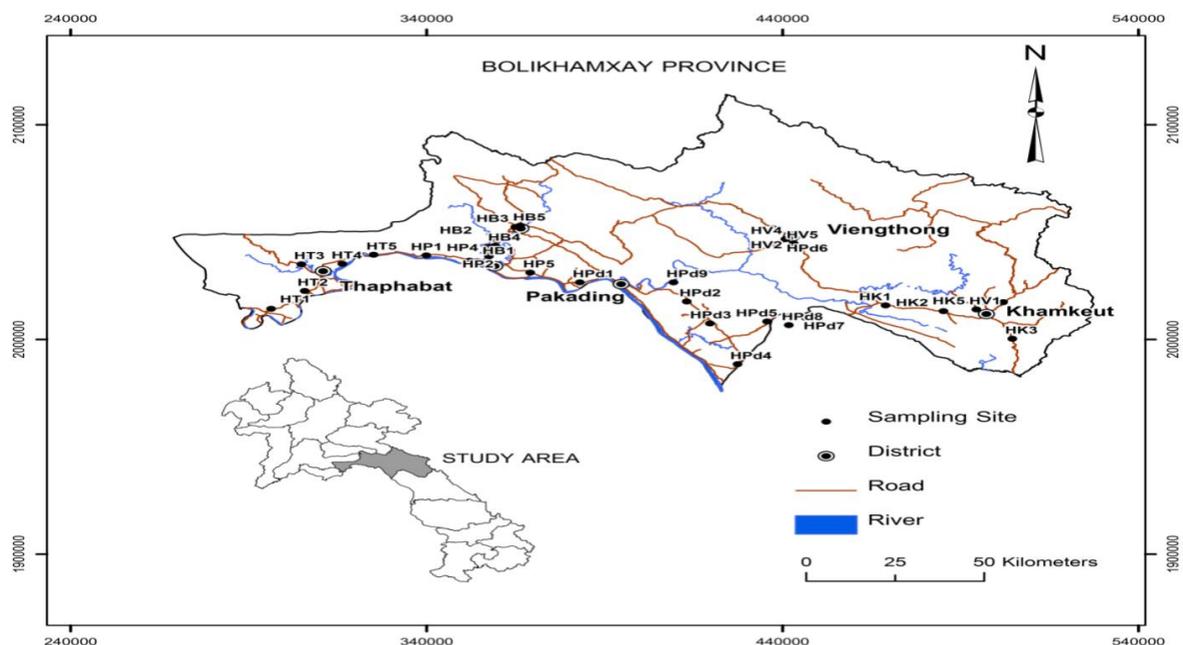


Figure 1. Sampling location in Bolikhamxay Province, Laos.

2.2. Preparation and processing of soil samples

Soil samples were collected from 33 different locations in Bolikhamxay province that are close to the populated areas and agriculture field. At every sampling site, the soil samples were collected from the surface layers (5-15 cm depth) using a spade. Organic materials, piece of stones in samples were removed. At the laboratory, the samples were dried in an oven at about $110^{\circ}C$ for 6 hours. After drying, the samples were crushed and served with a mesh having holes each of diameter of 0.2 mm.

Afterward, the homogenized samples were weighed and each sample was packed in a cylindrical plastic container of height 3 cm and 7.0 cm diameter. These were then stored for at least one month to ensure secular equilibrium between the parent radionuclides and their respective daughters.

2.3. Experimental determination of radiation hazards

2.3.1. Determination of activity concentration

The activity concentration of a certain radionuclide, A_0 , in the soil samples was calculated using the following equation [4,5]:

$$A_0(\text{Bqkg}^{-1}) = \frac{n}{\varepsilon \times I_{\text{eff}} \times m_s} \quad (1)$$

here n is the net gamma counting rate (counts per second) for a peak at energy E , ε is the detected efficiency of a specific γ ray, I_{eff} is the intensity of the γ line in radionuclides, and m_s is the mass of the soil sample under consideration measured in kilograms.

In this work, gamma spectra of samples were measured by low level gamma spectrometer (CANBERRA) using the high purity germanium detector (HPGe) with relative efficiency of 15% and energy resolution of 1.66 keV at 1332 keV peak of ^{60}Co . The detector is placed in a thick *lead* shield to reduce gamma radiation background to meet environmental standards to below 0.9 pulses/sec in the energy region from 100 keV to 3000 keV. The activity of ^{226}Ra was determined based on 295.57 and 351.9 keV photopeaks, emitted from ^{214}Pb , and 609.3 keV and 1120.3 keV peak in turn from ^{214}Bi . The activity of ^{232}Th was extracted by 338.6 and 911.1 keV gamma rays of ^{228}Ac and 583.19 keV gamma ray of ^{208}Tl , respectively. The activity of ^{40}K was determined by 1460.82 keV gamma ray.

2.3.2 Radium equivalent activity

The distribution of ^{226}Ra , ^{232}Th and ^{40}K in soil is not uniform. Uniformity with respect to exposure to radiation has been defined in terms of radium equivalent activity (Ra_{eq}) in Bq.kg^{-1} to compare the specific activity of materials containing different amounts of ^{226}Ra , ^{232}Th and ^{40}K [6]. It is calculated through the following relation:

$$\text{Ra}_{\text{eq}} = A_{0\text{Ra}} + 1.43A_{0\text{Th}} + 0.07A_{0\text{K}} \quad (2)$$

where $A_{0\text{Ra}}$, $A_{0\text{Th}}$ and $A_{0\text{K}}$ are the activity concentration of ^{226}Ra , ^{232}Th and ^{40}K in Bq.kg^{-1} , respectively.

Absorbed gamma dose rate (D): The outdoor absorbed dose rate (nGy.h^{-1}) in air from terrestrial gamma radiation at 1 m above the ground is calculated after applying the conversion factors (in nGy.h^{-1} per Bq.kg^{-1}) to transform the specific activities $A_{0\text{Ra}}$, $A_{0\text{Th}}$ and $A_{0\text{K}}$ into the absorbed dose rate according to the formula provided by UNSCEAR [1]:

$$D (\text{nGy.h}^{-1}) = 0.92 \times A_{0\text{Ra}} + 1.1 \times A_{0\text{Th}} + 0.080 \times A_{0\text{K}} \quad (3)$$

where $A_{0\text{Ra}}$, $A_{0\text{Th}}$, and $A_{0\text{K}}$ are the activity concentration of ^{226}Ra , ^{232}Th and ^{40}K in (Bq.kg^{-1}), respectively.

Absorbed gamma dose rate were used to estimate the annual effective dose rate. It is necessary to use the conversion coefficient from the absorbed dose in air to the effective dose (0.7 SvGy^{-1}) and the outdoor occupancy factor (0.2 SvGy^{-1}) proposed by UNSCEAR [1]. Therefore, the outdoor effective dose rate is determined as follows:

$$E(\text{mSv.y}^{-1}) = D (\text{nGy.h}^{-1}) \times 8760\text{h} \times 0.2 \times 0.7 \text{ SvGy}^{-1} \times 10^{-6} \quad (4)$$

$$\text{or} \quad E(\text{mSv.y}^{-1}) = D(\text{nGy.h}^{-1}) \times 0.00123$$

where D is the dose rate in nGy.h^{-1} .

2.3.3 External and internal Hazard index

External Hazard Index H_{ex} : Radiation exposure due to ^{226}Ra , ^{232}Th and ^{40}K may be external. This hazard defined in terms of external or outdoor radiation hazard index and denoted by H_{ex} , can be calculated using equation [7]:

$$H_{ex} = A_{0\text{Ra}}/370 + A_{0\text{Th}}/259 + A_{0\text{K}}/4810 \quad (5)$$

Internal Hazard Index (H_{in}): Internal hazard index (H_{in}) is given by equation [7]:

$$H_{in} = A_{0\text{Ra}}/185 + A_{0\text{Th}}/259 + A_{0\text{K}}/4810 \quad (6)$$

H_{in} must be less than one for safe use of samples and for the radiation hazard to be negligible.

3. Result and discussion

3.1. Activity concentration in soil samples

The activity concentrations of radionuclides have been determined by gamma spectrometry technique for 33 soil samples collected from Bolikhamxay province in Laos. The sampling locations were close to the populated areas and agricultural land. The results of activity concentration for the radionuclides ^{226}Ra , ^{232}Th and ^{40}K are shown graphically in Figure 1a, Figure 1b, Figure 1c, respectively.

3.1.1. Activity concentration of ^{226}Ra

The concentration of ^{226}Ra ranges from $13.03 \pm 1.32 \text{ Bq.kg}^{-1}$ to $90.8 \pm 12.8 \text{ Bq.kg}^{-1}$. The lowest ^{226}Ra activity concentration of $13.03 \pm 1.32 \text{ Bq.kg}^{-1}$ was found in HP4 sample. The highest value for ^{226}Ra ($90.75 \pm 10.37 \text{ Bq.kg}^{-1}$) was found in HB4 sample, Figure 2a. The average radioactivity level for ^{226}Ra ($43.8 \pm 5.6 \text{ Bq.kg}^{-1}$) is higher than the world average value of 35 Bq.kg^{-1} [1].

3.1.2. Activity concentration of ^{232}Th

The ^{232}Th radioactivity concentration varies from 11.12 ± 1.2 to $93.15 \pm 10.2 \text{ Bq.kg}^{-1}$. The lowest ^{232}Th activity concentration of $11.12 \pm 1.2 \text{ Bq.kg}^{-1}$ was found in HP4. The highest ^{232}Th activity of $93.15 \pm 10.2 \text{ Bq.kg}^{-1}$ was found in the HB3, Figure 2b. The average radioactivity level of ^{232}Th of $57.0 \pm 7.3 \text{ Bq.kg}^{-1}$ is also higher than the world average of 30 Bq.kg^{-1} [1].

3.1.3. Activity concentration of ^{40}K

The activity concentration of ^{40}K ranges from 37.5 ± 2.7 to $979.1 \pm 31.7 \text{ Bq.kg}^{-1}$. The lowest ^{40}K activity concentration of $37.5 \pm 2.7 \text{ Bq.kg}^{-1}$ was found in HPd3. The highest ^{40}K activity concentration of $979.1 \pm 31.7 \text{ Bq.kg}^{-1}$ was found in HT4, Figure 2c. The average value of ^{40}K is $413.9 \pm 22.4 \text{ Bq.kg}^{-1}$. This value is the same in the world average of 400 Bq.kg^{-1} [1].

3.2. Radiological hazard assessment

In order to assess the health effects, the absorbed does rate, outdoor annual effective dose, external hazard index and internal hazard index have been calculated from the activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K using equations (3), (4), (5), (6), respectively. The results shown in Table 1 depict that the absorbed does rates due to the terrestrial gamma rays at 1 m above from the ground are in the range of 34.91 to $226.07 \text{ nGy.h}^{-1}$ with an average of 136.1 nGy.h^{-1} . This value is about two times higher than the world average value of 59 nGy.h^{-1} [1]. The outdoor annual effective dose rates are in the range of 0.04 to 0.28 mSv.y^{-1} with an average of 0.17 mSv.y^{-1} in the soil samples, which is higher than comparable with the world average value of 0.07 mSv.yr^{-1} [1]. On the other hand, the calculated values of the external radiation hazard index range from 0.11 to 0.70 with an average value of 0.42 and the internal radiation hazard index range from 0.14 to 0.89 with an average value of 0.54 which are far less than unity indicating the non - hazardous category of the samples.

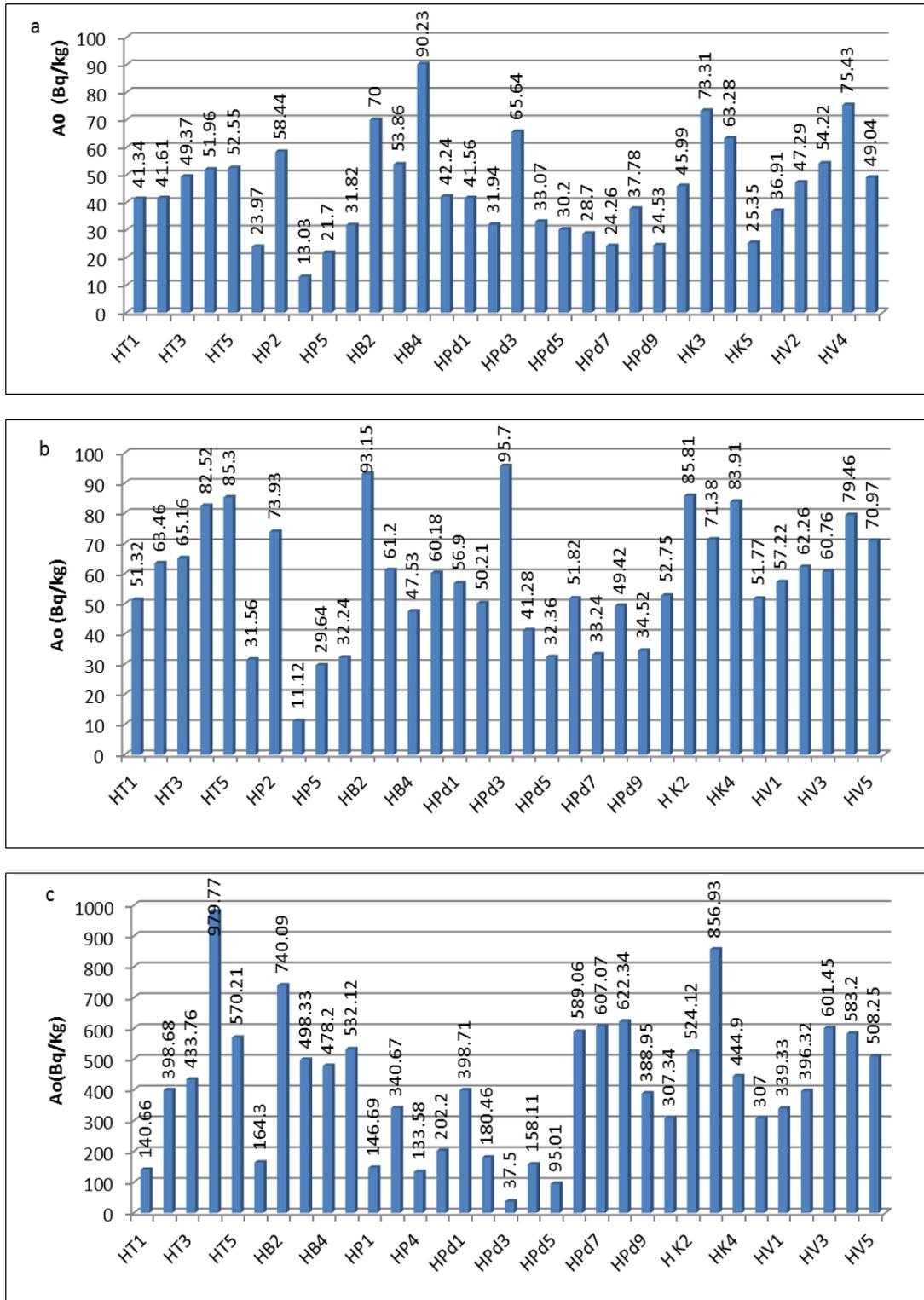


Fig.2. Activity concentration of ^{226}Ra , ^{232}Th and ^{40}K in soil samples: a. ^{226}Ra , b. ^{232}Th and c. ^{40}K .

Table 1. Radium equivalent (R_{eq}), gamma-ray absorbed does, annual effective does, external and internal hazard index from the surface soil samples collected from Bolikhamxay province, Laos.

Sample code	$R_{eq}(\text{Bqkg}^{-1})$	Absorbed Does rate nGyh^{-1}	Annual Effective dose $E(\text{mSv/y})$	External hazard index (H_{ex})	Internal hazard index (H_{in})
HT1	124.57 ± 12.61	105.74 ± 15.40	0.13 ± 0.02	0.34 ± 0.04	0.45 ± 0.06
HT2	160.27 ± 17.05	139.98 ± 18.43	0.17 ± 0.02	0.44 ± 0.05	0.55 ± 0.07
HT3	172.91 ± 18.07	151.80 ± 18.68	0.19 ± 0.02	0.48 ± 0.05	0.61 ± 0.08
HT4	178.11 ± 18.51	105.74 ± 11.76	0.13 ± 0.02	0.34 ± 0.04	0.45 ± 0.06
HT5	214.44 ± 24.23	187.79 ± 21.91	0.23 ± 0.03	0.59 ± 0.07	0.73 ± 0.09
HP1	79.37 ± 9.26	68.50 ± 8.63	0.08 ± 0.01	0.22 ± 0.05	0.28 ± 0.04
HP2	188.01 ± 10.24	162.34 ± 8.61	0.20 ± 0.02	0.51 ± 0.02	0.67 ± 0.09
HP4	73.36 ± 26.11	65.27 ± 8.80	0.08 ± 0.01	0.20 ± 0.07	0.27 ± 0.04
HP5	121.96 ± 10.06	106.77 ± 8.56	0.13 ± 0.01	0.34 ± 0.02	0.43 ± 0.05
HB1	89.42 ± 6.28	77.88 ± 8.30	0.10 ± 0.01	0.24 ± 0.02	0.33 ± 0.04
HB2	255.01 ± 33.87	226.07 ± 28.63	0.28 ± 0.03	0.70 ± 0.08	0.89 ± 0.12
HB3	220.84 ± 28.27	199.14 ± 21.75	0.24 ± 0.03	0.61 ± 0.07	0.79 ± 0.11
HB4	192.19 ± 21.78	174.03 ± 20.18	0.21 ± 0.03	0.53 ± 0.07	0.77 ± 0.11
HB5	146.91 ± 17.06	130.63 ± 14.53	0.16 ± 0.02	0.40 ± 0.04	0.52 ± 0.06
HPd1	150.84 ± 19.31	132.72 ± 14.42	0.16 ± 0.02	0.41 ± 0.05	0.53 ± 0.07
HPd2	116.37 ± 15.28	99.05 ± 12.74	0.12 ± 0.01	0.32 ± 0.04	0.40 ± 0.05
HPd3	227.88 ± 38.91	189.44 ± 25.83	0.23 ± 0.03	0.62 ± 0.08	0.83 ± 0.11
HPd4	103.17 ± 17.93	88.48 ± 9.69	0.11 ± 0.01	0.28 ± 0.03	0.37 ± 0.05
HPd5	83.13 ± 11.55	70.98 ± 8.91	0.09 ± 0.01	0.23 ± 0.03	0.31 ± 0.04
HPd6	144.04 ± 17.02	130.53 ± 14.60	0.16 ± 0.02	0.40 ± 0.04	0.48 ± 0.06
HPd7	167.23 ± 19.36	153.89 ± 16.79	0.19 ± 0.02	0.47 ± 0.05	0.56 ± 0.07
HPd8	152.01 ± 17.84	138.91 ± 14.45	0.17 ± 0.02	0.42 ± 0.05	0.52 ± 0.06
HPd9	101.12 ± 12.04	91.66 ± 10.36	0.11 ± 0.01	0.28 ± 0.03	0.35 ± 0.04
HK1	139.96 ± 19.51	122.18 ± 16.43	0.15 ± 0.02	0.38 ± 0.04	0.50 ± 0.06
HK2	176.95 ± 29.85	160.63 ± 18.59	0.20 ± 0.03	0.49 ± 0.06	0.72 ± 0.09
HK3	235.37 ± 32.41	214.52 ± 29.15	0.26 ± 0.03	0.65 ± 0.08	0.85 ± 0.11
HK4	214.41 ± 25.01	186.11 ± 21.12	0.23 ± 0.03	0.59 ± 0.08	0.76 ± 0.08
HK5	120.87 ± 13.01	104.83 ± 12.12	0.13 ± 0.02	0.33 ± 0.04	0.40 ± 0.05
HV1	142.49 ± 15.75	124.05 ± 13.16	0.15 ± 0.02	0.39 ± 0.04	0.49 ± 0.05
HV2	164.06 ± 17.84	143.70 ± 14.98	0.18 ± 0.02	0.45 ± 0.05	0.58 ± 0.06
HV3	183.21 ± 20.32	164.83 ± 17.17	0.20 ± 0.02	0.51 ± 0.05	0.65 ± 0.07
HV4	212.07 ± 21.94	186.33 ± 19.9	0.23 ± 0.03	0.58 ± 0.06	0.75 ± 0.08
HV5	186.10 ± 17.26	163.84 ± 20.83	0.20 ± 0.02	0.51 ± 0.06	0.64 ± 0.07
Aver.	158.75 ± 16.10	140.31 ± 15.75	0.17 ± 0.02	0.44 ± 0.05	0.56 ± 0.07

4. Conclusion

In this work the natural radioactivities in 33 surface soil samples collected from Bolikhamxay province were determined using a gamma ray spectrometer with HPGe detector. The average radioactivity concentrations of ^{226}Ra and ^{232}Th are 46.73 ± 5.92 and 57.95 ± 7.72 Bq/kg, which are higher than that of the world average values (35 Bq/kg and 30 Bq/kg) respectively. But activity concentrations of ^{226}Ra and ^{232}Th are less than the value average of Nghe An province [8], it shares borders with Bolikhamxay province of Laos. The activity concentration of ^{137}Cs was not found in any of samples from Bolikhamxay province, this means that it is lower than the minimum detection limit. The mean radium equivalent activity concentration, the mean external and internal hazard indices in the study areas were less than the world average [1].

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